



## Workplace Wellness Statistics Pottsville / Schuylkill Haven Area EMS

### 3rd Quarter 2009 (July - September 2009)

#### Pottsville Office

307 North 2<sup>nd</sup> Street  
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Phone: 570-628-6990  
Fax: 570-628-5899

#### Northumberland Office

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Northumberland, PA 17857  
Phone: 570-473-1290  
Fax: 570-473-8602

#### Toll Free Number

1-800-264-1290

#### Website

[www.COGInc.org](http://www.COGInc.org)

#### Board of Directors

*Dr. David A. Zanis*  
President

*Mr. Tom Scranton*  
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*Mr. Ron Hollm*  
Secretary

*Mr. Norbert McCloskey*  
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*Ms. Sheila Zeplin*  
Director

**Enrolled Employees** 35

#### **Website Stats**

Main Workplace Wellness Page 59  
Employee Page Logins 1  
Employer Page Logins 1

#### **Presentations**

*July 9, 2009*

Communication In The Home Attendance = 6  
*Presenter: Rebecca Eves*

*August 13, 2009*

Financial Management Attendance = 9  
*Presenter: Kelly Examitas*

*September 8, 2009*

Weight Management Attendance = 9  
*Presenter: Jenny Wagner*

**1-800 Calls** N = 2

**Counseling Services** 3 employees  
0 family members

**Counseling Hours** N = 6.75

**Workplace Wellness Evaluation Report  
3rd Quarter 2009 (July - September)**



Date of Seminar	7/9/2009	8/13/2009	9/8/2009
Type of Seminar	Home Communication	Financial Mgmt	Weight Mgmt
# of People in Attendance At Seminar	6	9	9
# of Attendees Completing Evaluation Form	6	7	7

**Seminar Evaluation**

**Scale: 1 = Not Satisfied 2 = Partially Satisfied 3 = Satisfied 4 = Very Satisfied**

	<u>July</u>	<u>August</u>	<u>September</u>
Convenience of date / time of presentation	3.58	4.00	3.57
Convenience of location of presentation	3.75	4.00	3.71
Length of Presentation	3.75	3.43	3.43
Method of Presentation	3.75	3.43	3.43
Knowledge of Presenter	3.75	3.43	4
Preparedness of Presenter	3.75	3.43	4
Ability of Presenter to answer questions	3.75	3.43	4
Take home materials from presentation	3.75	4.00	4

**Additional Evaluation (Yes or No)**

	<u>July</u>	<u>August</u>	<u>September</u>
# Completed This Evaluation Section	5 of 6	7 of 9	7 of 9
Was the material covered in the presentation what you were expecting?	5 Yes	6 Yes - 1 N/A	6 Yes - 1 N/A
Did you feel the material was presented in an easy to follow format?	5 Yes	7 Yes	6 Yes - 1 N/A
Did you find the material presented helpful?	5 Yes	7 Yes	6 Yes - 1 N/A
Does this presentation motivate you to attempt to make changes in your life?	5 Yes	5 Yes - 2 No	6 Yes - 1 N/A
Do you plan to follow-up with COGI Staff?	1 Yes / 4 No	1 Yes - 6 No	3 Yes - 3 No - 1 N/A
Would you recommend this presentation to friends or family?	5 Yes	7 Yes	6 Yes - 1 N/A

Prepared By: Kelly Examitas, Fiscal Director  
Clinical Outcomes Group, Inc.  
11/10/09

