

Workplace Wellness Statistics
Pottsville / Schuylkill Haven Area EMS

4th Quarter 2009 (October - December 2009)

Pottsville Office

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Website

www.COGInc.org

Board of Directors

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Mr. Tom Scranton
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Ms. Sheila Zeplin
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Enrolled Employees 37

Website Stats

Main Workplace Wellness Page 42
Employee Page Logins 0
Employer Page Logins 0

Presentations

October 6, 2009
Weight Management Attendance = 8
Presenter: Jenny Wagner

October 20, 2009
Weight Management Attendance = 3
Presenter: Jenny Wagner

November 10, 2009
Stress Management Attendance = 4
Presenter: Jenny Wagner

December 10, 2009
Tobacco Cessation Attendance = 0
Presenter: Jenny Wagner

1-800 Calls N = 0

Counseling Services 6 employees
2 family members

Counseling Hours N = 20.75

**Workplace Wellness Evaluation Report
4th Quarter 2009 (October - December)**



| | | | |
|---|-------------------|-------------------|-------------------|
| Date of Seminar | 10/6/2009 | 10/20/2009 | 11/10/2009 |
| Type of Seminar | Weight Management | Weight Management | Stress Management |
| # of People in Attendance At Seminar | 8 | 3 | 4 |
| # of Attendees Completing Evaluation Form | 5 | 2 | 4 |

Seminar Evaluation

Scale: 1 = Not Satisfied 2 = Partially Satisfied 3 = Satisfied 4 = Very Satisfied

| | | | |
|--|--------------------------|---------------------------|---------------------------|
| Convenience of date / time of presentation | <u>10/6/2009</u> 3.80 | <u>10/20/2009</u> 4.00 | <u>11/10/2009</u> 4.00 |
| Convenience of location of presentation | 4.00 | 4.00 | 4.00 |
| Length of Presentation | 4.00 | 4.00 | 4.00 |
| Method of Presentation | 4.00 | 4.00 | 4.00 |
| Knowledge of Presenter | 4.00 | 4.00 | 4.00 |
| Preparedness of Presenter | 4.00 | 4.00 | 4.00 |
| Ability of Presenter to answer questions | 3.80 | 4.00 | 4.00 |
| Take home materials from presentation | 3.80 | 4.00 | 4.00 |

Additional Evaluation (Yes or No)

| | | | |
|--|----------------------------|-----------------------------|----------------------------|
| # Completed This Evaluation Section | <u>10/6/2009</u> 5 of 8 | <u>10/20/2009</u> 1 of 3 | <u>September</u> 4 of 4 |
| Was the material covered in the presentation what you were expecting? | 5 Yes | 1 Yes | 4 Yes |
| Did you feel the material was presented in an easy to follow format? | 5 Yes | 1 Yes | 4 Yes |
| Did you find the material presented helpful? | 5 Yes | 1 Yes | 4 Yes |
| Does this presentation motivate you to attempt to make changes in your life? | 5 Yes | 1 Yes | 4 Yes |
| Do you plan to follow-up with COGI Staff? | 1 No / 4 Yes | 1 Yes | 3 Yes / 1 No |
| Would you recommend this presentation to friends or family? | 5 Yes | 1 Yes | 4 Yes |

Prepared By: Kelly Examitas, Fiscal Director

Clinical Outcomes Group, Inc.

12/31/09