

Pottsville EMS Workplace Wellness Survey Summary

Workplace Wellness Topics	
Interest Rating	
Proper Diet for a Busy Family	10
Stress Management	9
Weight Management	8
Communication Skills in the Workplace	7
Time Management	5
Communication in the Home	4
Financial Management	4
Crisis Intervention	3
Parenting Techniques	3
Other / Smoking Cessation	2
Drug & Alcohol Use/Abuse	0

Workplace Wellness Tobacco Assessment
Average age is 37
White / Caucasian
63% own their home
Average household size is 3
Most consider themselves Slight Overweight
45% of Adult household members smoke
56% of smoking adults are EMS personnel
83% do not allow guests or family to smoke in their home
80% say smoking is not permitted in any room in their home
70% enforce no smoking in the home 100%
97% believe 2nd hand smoke is dangerous
Readiness to quit on average - 6 (scale of 1 to 10)

Workplace Wellness Topics Survey										
Stress Management	Crisis Intervention	Weight Management	Financial Management	Communication Skills	Time Management	Communication in the home	Proper Diet	Parenting Techniques	Drug & Alcohol Use/Abuse	Other
1				1	1					
1	1			1			1			
1										
1			1			1		1		
1			1			1	1	1		1
		1		1			1			1
1	1	1					1			
1		1	1	1	1		1			
1		1		1	1		1			
1		1		1	1		1			
1		1		1	1	1	1			
1	1	1	1	1	1	1	1	1		
		1					1			
9	3	8	4	7	5	4	10	3	0	2

Workplace Wellness Tobacco Assessment

Age	Race	Housing			Household members			Weight					smoking adults	personally smoking		guests smoking in your home		home environment			100% enforcement no smoking		2nd hand smoke dangerous		how ready to quit
		own	rent	live with someone	Adults	Children	Total family size	under	right	good	slightly over	very over		yes	no	yes	no	permitted	not permitted	some rooms	yes	no	yes	no	1-10
40	White	1			1	1	2				1		1	1			1		1		1	1			10
29	White	1			2	2	4				1		1	1			1		1		1	1			8
21	White	1			2	0	2				1		1	1			1		1		1	1			8
28	Caucasian	1			2	1	3				1		2	1			1		1		1	1			10
33	Caucasian	1			2	3	5				1		0		1		1		1		1	1			
53	Caucasian	1			2	0	2					1	1	2	1	1	1		1		1	1			
27	White			1	3	0	3				1		0		1		1		1		1	1			
27	White	1			2	1	3					1	1	1			1		1		1	1			10
36	White		1		2	4	6			1		2	1			1		1		1	1				3
37	White	1			2	2	4		1			2	1			1		1		1	1				5
50	White	1			2	0	2				1		2	1		1				1	1		1		7
42	Caucasian		1		3	0	3				1		2		1	1		1		1	1				
34	White	1			2	3	5				1		0		1	1		1		1	1				
47	Caucasian	1			2	0	2					1	0		1		1		1		1	1			
46	Caucasian	1			2	1	3				1		0		1		1		1		1	1		1	
32	Caucasian			1	3	0	3				1		0		1	1		1		1	1				
35	White	1			1	2	3		1			1	1	1		1		1		1	1				0
30	Caucasian	1			2	1	3					1	0		1		1		1		1	1			
55	Caucasian		1		2	1	3			1		1	1	1		1		1		1	1				
70	Caucasian	1			1	0	1				1		1	1		1		1		1	1				10
20	Caucasian			1	2	0	2			1		1	1	1		1		1		1	1				6
28	Caucasian		1		1	0	1					1	0		1	1				1	1				
36	White			1	3	0	3				1		2	1		1		1		1	1				5
48	White	1			2	1	3					2	1			1		1		1	1				1
44	White		1		2	0	2		1			2	1		1		1		1		1	1			1
46	Caucasian	1			2	2	4				1		0		1		1		1		1	1			
42	White	1			1	0	1				1		1	1		1		1		1	1				2
23	White	1			2	3	5		1			0		1		1		1		1	1				
30	White			1	2	1	3					1	0		1		1		1		1	1			
34	White			1	3	0	3					1	1		1		1		1		1	1			
37	W / C	19	5	6	60	29	89	0	4	3	16	6	27	15	15	5	25	1	24	5	21	9	29	1	6

0.63

2 1 3

0.45 0.56

0.83

0.80

0.70

0.97