



So, Your Child is Going to a Party . . .

1. Call the host to confirm that alcohol and other drugs will not be present.
 - Confirm that the host parents are planning a substance-free event.
 - Make sure the host parents will be home all evening and actively supervising the party.
 - Do not allow your child to attend a party where parents are not present.
2. Confirm plans beforehand with your teen.
 - Know where your child is going and with whom.
 - When taking your child to a party, wait to see that she or he is inside the house.
 - If you don't know the host parents, introduce yourself.
 - Set a time to check in with your child by phone during the evening.
3. Make a plan with your child for what to do if alcohol or other drugs are present.
 - Encourage your child to leave the party.
 - Agree to provide a safe ride home for your child, no questions asked, without punishment.
 - Establish a code word with your child in case she or he needs to leave the party without letting peers know.
 - Remind your teen that friendship includes dissuading a friend from driving after drinking.
4. Be up to greet your child when she/he comes home from the party and check for signs of alcohol or drug use.



Adopted from the Eckstein Middle School Drug Free Homes Parent Pledge