

MEDICATION ASSISTED TREATMENT (MAT)

TREATMENT PHILOSOPHY

Overcoming an addiction is one of the most challenging endeavors a person will experience.

Medication Assisted Treatment is an effective form of care that can help someone overcome an opioid or alcohol addiction.

MAT can be lifesaving for individuals as their brains and bodies heal. It has been proven to reduce cravings and minimize withdrawal symptoms. As the clients overall health stabilizes they can begin the process of a medically monitored taper.

Buprenorphine and Naltrexone are prescribed at COGI as a treatment modality for an opiate addiction.

In addition to counseling, Center of Excellence services and case management services, MAT offers a whole person centered approach that is used to assist clients in the process of recovery.



PROTOCOL

At the time of assessment, each client with an Opioid Use Disorder Diagnosis will discuss with the intake worker or COE Care Manager their MAT Options.

A brief overview of the three FDA approved MAT options will be reviewed with the client.

If the client is interested in MAT services the following will occur:

An MAT Assessment will be scheduled with a case coordinator within one week of initial assessment.

(At this time a more thorough overview of the FDA approved MAT options will be discussed—clients will be provided with the benefits and risks of each option)

If the client chooses Buprenorphine or Naltrexone an appointment will be made with a doctor at COGI for induction. At the time of induction program expectations will be discussed with the client.

If the client chooses Methadone an appointment will be made with the closest Methadone program.

All clients will be offered Narcan education through a video and information booklet, which includes local pharmacies that carry Narcan.

MAT OPTIONS:

1. Methadone

Daily prescription taken initially every day under supervision. Eventually taken under no supervision after a period of time.

Detoxification from other opiates not required upon first dose.

Can be prescribed to pregnant women.

Not currently prescribed at COGI

2. Buprenorphine (Suboxone/Subutex/Sublocade)

Suboxone/Subutex—daily prescription.

Sublocade—Monthly injection.

Requires the client to be in withdrawal prior to first dose.

Subutex can be prescribed to pregnant women.

3. Naltrexone (Vivitrol/Revia)

Revia—pill form taken daily

Vivitrol—Monthly injection.

Requires the client to be clean of all opiates (including Buprenorphine) for 14 days prior to first use.

4. Naloxone (Narcan)

Medication that helps to reverse the side effects of an opioid overdose.

Intranasal Spray.

There is a standing order by the Surgeon General of PA at all pharmacies to obtain Narcan.