

## OUR SERVICES

This brochure offers a very brief description of one of the various services provided by COGI. Additional information is available with program specific brochures and on the COGI website ([www.coginc.org](http://www.coginc.org)).

If you are interested in speaking with COGI Staff or Administration about any services we offer or to schedule a meeting, please contact our office at 570-628-6990, toll free 800-264-1290 or via email. COGI's general email address is [info@coginc.org](mailto:info@coginc.org) and messages received via this address will be directed to the appropriate COGI Staff member.

## OUR MISSION

*Clinical Outcomes Group, Inc. (COGI) is a dynamic, public health non-profit that exists to meet the unmet needs of vulnerable populations. In our community, we have identified the following as our vulnerable populations: individuals suffering from addiction disorders, pregnant women, veterans, children, and other who are susceptible to public health issues.*

*COGI strives to provide high quality, low cost, and easily accessible public health services to any individual or community in need located in Schuylkill County Pa and surrounding areas.*

### **CLINICAL OUTCOMES GROUP, INC.**

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## **SMURF**

**SCHUYLKILL MOMS  
UNITED IN RECOVERY  
AND FAMILY**

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# SCHUYLKILL MOMS UNITED IN RECOVERY AND FAMILY

Clinical Outcomes Group Inc. is honored to be a recipient of the federal Substance Abuse and Mental Health Services Administration's (SAMHSA) grant to implement support services for pregnant and postpartum women with opioid use disorders.

Through this grant, COGI has created the Schuylkill Moms United in Recovery and Family "SMURF" program. "SMURF" is designed to support pregnant and postpartum (children age newborn to 3 years) women with an opioid use disorder. COGI has a Treatment Team serving as the hub and consisting of a Counselor, Care Manager, Certified Recovery Specialist, and a Gynecologist who will provide several different services.



## SERVICES OFFERED

- Medication Assisted Treatment (MAT)/ OUD treatment services: consisting of opioid pharmacotherapy and behavioral health counseling
- Referral for necessary medical, dental, and other health care services, including obstetrics, gynecology, diabetes, hypertension and prenatal care.

- Postpartum health care including attention to depression and anxiety disorders and medication needs.
- Specialized assessment, monitoring, and referrals for education, peer support, therapeutic intervention and physical safety.
- Mental health care that includes a trauma-informed system of assessments and interventions.
- Referral to childcare services during periods in which the women are engaged in therapy or in other necessary health or rehabilitative activities.
- Recovery support activities such as groups, mentoring, and coaching.
- Referral to transportation and other necessary wraparound services.

## COMMUNITY BASED SERVICES

COGI intends to work closely with partners to retain programs to help clients in treatment, programs included are:

- Parenting education and intervention to include child development.
- Nutritional Education.
- Home Management and Life Skills Training.
- Education, testing, counseling, and treatment of hepatitis, HIV/AIDS, other STDs and related issues.
- Employment readiness, and job training and placement
- Education and tutoring assistance for obtaining a GED, high school diploma, and beyond.

## FAMILIES IN RECOVERY



COGI's Treatment Team will coordinate appropriate substance abuse and relapse education. Through a membership with the Pa Family Support Alliance, COGI has implemented a new program, "Families in Recovery: Strengthening Connections One Day at a Time." The comprehensive experiential and educational program attends to a variety of challenges and experiences common to parents in recovery, including: identifying strengths, needs, and resiliencies; exploring health parenting in balance with recovery needs; understanding the person-focused and family-centered change process; promoting health parenting and communication styles; developing healthy coping skills and modeling self-care; coping with guilt, shame, and stigma; and developing a personalized family blueprint for holistic wellness.